

WJH Daily Announcements – January 6th – Day Cycle 1

STUDENTS NEED TO REMEMBER TO BRING THEIR CHROMEBOOKS TO SCHOOL!!

STUDENTS NEED TO REMEMBER TO BRING A MASK TO SCHOOL.

If your child lost a Hypland jacket, please contact the Main Office.

WINTER SPORTS THIS WEEK

~~Thursday, 1/6 – Wrestling vs. Unionvale – Game time is 4:15 pm – POSTPONED!!!~~

Friday, 1/7 – Boys Basketball vs. Unionvale – Game time is 3:45 pm

FROM THE HEALTH OFFICE:

Dutchess County Protocol for Symptomatic or Positive COVID 19 students or staff:

Dutchess County Contact Tracing Workflow Chart:

FROM THE LIBRARY:

"Students, please check your school emails for overdue library notices. Any questions, stop by the library and see Mrs. Green."

CLUB INFORMATION:

From the Drama director Ms. Bogan - We are going to have a Full Cast rehearsal for Cinderella Wednesday, January 12th 6-8pm in the Auditorium.

STAGE CREW IS CANCELLED FOR TODAY, THURSDAY 1/6.

MATH 8 EXTRA HELP IS CANCELLED THIS WEEK (1/3-1/7).

JAZZ BAND IS CANCELLED FOR TODAY THURSDAY, 1/6.

Wappingers Crew Club will be holding optional pre-season Tank and Erg practices beginning this Saturday January 8th at the HRRR Boathouse - 272 N Water Street, Poughkeepsie, NY. Practices will be held every Saturday from now through February 5th from 11am-1pm and will cost a one time fee of \$25. No sign up is required, please bring \$25 cash or check this Saturday or venmo WappingersCrewClub. Please bring a mask and plenty of water to all practices. These are open practices and anyone interested in joining the rowing team is welcome to come! Any questions please email wcheadcoach@gmail.com.

ART INTEGRATION WILL MEET NEXT WEEK TUESDAY 1/11.

JAZZ BAND SCHEDULE: from 2:25 pm to 3:45 pm in the Auditorium

January 13, 20, 27 February 3, 10, 17 March 10 & 31

February 17 - will be a 4:00 pm concert "Afternoon of Jazz"

February 24 & March 3, 17 & 24 - No Rehearsals

WJH PTA MESSAGE:

Yearbooks are on sale. The site is now active and yearbooks can be purchased for \$35.

<https://link.entourageyearbooks.com/my/WJHS2022>

8th grade baby pictures - there is still time to submit your baby pictures for the yearbook.

Submit pictures to this link: Wearewappingers@gmail.com

FROM MAIN OFFICE:

All school notes (absent/early dismissal/late or tardy/pick up at dismissal) must be handed into 1st period class teacher at the beginning of class each day. Teachers will place notes in folders on the classroom doors for pick up.

Notes can be emailed to: carol.naughton@wcsdny.org

CELEBRATE NATIONAL DAY OF JANUARY:

TODAY: Each year on January 6th, National Cuddle Up Day encourages us to snuggle up with someone for the health benefits and more!

January typically has some of the coldest days of the year, so what better way to stay warm and reap the health benefits of cuddling on National Cuddle Up Day? Whether it's a three-dog night (a night so cold it takes three dogs to cuddle up with to stay warm) or only slightly chilly, there are multiple benefits to cuddling with a human or canine, or other pet.

Cuddling releases oxytocin. This hormone alone has tremendous health benefits. Besides giving us warm and fuzzy feelings, oxytocin reduces pain. So when the cold has made those muscles and joints ache, cuddling can help reduce those aches and pains.

Thank you.

Remember...WE ARE WAPPINGERS !!